

Follow these steps to keep yourself and others healthy



Wash hands frequently

Use soap and water and lather for 20 seconds. Wash your hands before and after eating, blown your nose, coughed, sneezed and after you have used the restroom.



Keep your phone in your pocket or bag

Do not place cell phones or other personal devices on shared surfaces. Sanitize your phone daily.



Avoid touching your face and face covering

Avoid touching your eyes, nose, or mouth, where germs are transferred. Wash hands immediately after removing your mask.